During this month, Pope Francis invites people of good will to come together and pray:

That the Church in Africa, through the commitment of its members, may be the seed of unity among her peoples and a sign of hope for this continent.

Let us pray:
Lord, you are the king of peace. Help us to be a sign of hope and unity wherever we are and so that we will always say “no” to any form of hatred, revenge or violence.

Hands on:
In my daily life, I meet many people of different cultures, race or religion. I smile at them and greet them and offer my services if they need help.