During this month, Pope Francis invites people of good will to come together and pray:

For a generous welcome of the victims of human trafficking, of enforced prostitution, and of violence.

Let us pray:
Dear Lord, please help me to open my heart to listen to, to see and to help people who have, against their own will, been put through experiences which degrade the humanity of the person.

Hands on:
I challenge myself not to, in any way, directly or indirectly, take advantage of people who are in a desperate situation and to report abuse such as forced labour, forced prostitution and violence to the competent authorities.