During this month, Pope Francis invites people of good will to come together and pray:

That the language of love and dialogue may always prevail over the language of conflict.

Let us pray:
Dear Lord, Just as your son Jesus forgave those who crucified him, help us make an effort to forgive those people who harmed us in any way. Help those people who are filled with hatred to realise that only in forgiveness can they find peace.

Hands on:
I try to make an effort to be kind to those persons who were unkind to me in any way. I ask the Lord to help me forgive them and their actions.