During this month, Pope Francis invites people of good will to come together and pray:

**That consecrated religious men and women may bestir themselves, and be present among the poor, the marginalized, and those who have no voice.**

**Let us pray:**
Lord I would like to pray for consecrated religious men and women so that they will follow in your footsteps and serve the needs of the poor, the marginalized, and those who have no voice.

**Hands on:**
I will try to find persons who are poor or marginalised and I will do something positive to make their life a little easier.